

Bellefonte Area Middle School

Lunch Menu

**September
2009**

Monday		Tuesday		Wednesday		Thursday		Friday		
		1			2			3		
Student Lunch \$2.10 (or 5 for \$10.00) Milk \$.45 Adult Lunch \$2.75				A variety of Milk is offered daily with lunch		Student Lunch Includes: Choice of one Entrée Choice of Side Dishes Choice of Milk				
7		8		9		10		11		
		Welcome Back! Chicken Nuggets with or without Roll(s) Buttered Corn Choice of Fruit		Breakfast For Lunch French Toast Sticks with Sausage Hashbrown Patty Choice of Fruit		Chicken Quesadilla Salsa Steamed Rice Choice of Fruit		Homemade Pizza Green Beans Jello with Topping Choice of Fruit		
Weekly Alternates: Cheeseburger or Chef's Salad with or without Roll(s)										
14		15		16		17		18		
Grilled Cheese Sandwich Tomato Soup with Crackers Fudgesicle Choice of Fruit		Steak and Cheese Hoagie with or without Lettuce and Tomato Buttered Pasta Choice of Fruit		Hot Ham & Cheese Bagel Potato Rounds Choice of Fruit		Regular or Soft Shell Taco with Fixins Steamed Rice Raspberry Churro Choice of Fruit		Homemade Pizza Seasoned Carrots Choice of Fruit		
Weekly Alternates: Chicken Sandwich or Chef's Salad with or without Roll(s)										
21		22		23		24		25		
Chicken Fries with or without Roll(s) Oven Fries Choice of Fruit		Meatball Hoagie Potato Rounds Choice of Fruit		Double Dog Day Baked Beans Choice of Fruit		Turkey and Cheese Croissant Chicken Noodle Soup with or without Crackers Choice of Fruit		Homemade Pizza Seasoned Corn Chocolate Chip Cookie Choice of Fruit		
Weekly Alternates: French Bread Pizza or Chef's Salad with or without Roll(s)										
28		29		30						
Pepperoni and Cheese Pizzas Seasoned Green Beans Choice of Fruit		Chicken Ranch Wrap Potato Smiles Choice of Fruit		Spaghetti with Meat Sauce with or without Homemade Roll Tossed Salad Choice of Fruit						
Weekly Alternates: Deli Hoagie or Chef's Salad with or without Roll(s)										