

Breakfast Menu**2009****Breakfast Prices: Reduced \$.30 Full Paid \$.90**

8-Sep - Tuesday	Breakfast Muffin
9-Sep - Wednesday	Peanut Butter on Wheat Bread
10-Sep - Thursday	Scrambled Egg and Toast
11-Sep - Friday	Sausage Biscuit
14-Sep - Monday	Bagel with Choice of Spread
15-Sep - Tuesday	Funnel Cake
16-Sep - Wednesday	Cereal Bar and Yogurt
17-Sep - Thursday	Waffle with Syrup
18-Sep - Friday	French Toast Sticks
21-Sep - Monday	Breakfast Muffin
22-Sep - Tuesday	Mini Pancakes with Syrup
23-Sep - Wednesday	Grilled Cheese Sandwich
24-Sep - Thursday	Breakfast Pizza
25-Sep - Friday	Ham, Egg and Cheese Sandwich
28-Sep - Monday	Half Bagel with Choice of Spread and String Cheese
29-Sep - Tuesday	Funnel Cake
30-Sep - Wednesday	Cereal Bar and Yogurt

- * Milk is served with all breakfasts
- * Cereal with toast or graham cracker is served as a breakfast choice daily
- * Assorted juice/fruit is offered for breakfast each day

Very Berry Frozen Pops**You will need:**

- 1 cup flavored low-fat yogurt (try blueberry, vanilla or lemon)
- 1 cup fresh or thawed frozen berries (blueberries, strawberries, raspberries or a mixture of all three)
- 4 3-ounce paper cups
- 4 plastic spoons
- Measuring cup, mixing bowl, fork or masher
- Clean work surface and hands

Directions:

In medium bowl, mash berries with a fork or masher until they are a smooth consistency. Add the yogurt and mix well. Divide the mixture evenly between the four paper cups. Stick a plastic spoon in the middle. Freeze for two hours or until the pops are solid.

Peel off the paper cup and enjoy!

Makes 4 frozen pops.